



REDEFINING CONFLICT

FALL PUBLIC WORKSHOP SERIES

MRJC's 9-hour Redefining Conflict workshop series will provide you with the knowledge and tools to manage difficult interpersonal situations and conversations with more confidence. You will learn conflict management concepts, enhance your understanding of yourself and others in conflict situations, and try out new communication techniques to resolve differences.

Communication Skills Basics

This workshop introduces basic concepts from the field of conflict and examines barriers to effective communication.

Conflict Styles

Facilitators guide participants through the Kraybill Conflict Style Inventory, a practical and valuable self-assessment tool that helps participants identify their conflict management strategy.

Skills Practice

Participants have an opportunity to reflect on and practice conflict communication skills.

Fee of \$75.00

Payment must be received 48 hours before the workshop date.

Registration:

Register online at www.mrjc.ca, or call 780-423-0896.

Location:

Mediation and Restorative Justice
10066-151 Street, Edmonton, AB T5P 1T3

Weekend Workshop Series

Friday, September 18th
6:00 pm – 9:00 pm

Saturday, September 19th
9:00 am – 4:00 pm

Register by Sept 14, 2015

Week Night Workshop Series

Thursday, October 15th
6:00 pm – 9:00 pm

Thursday, October 22nd
6:00 am – 9:00 pm

Thursday, October 29nd
6:00 am – 9:00 pm

Register by October 9, 2015

Weekend Workshop Series

Friday, November 27th
6:00 pm – 9:00 pm

Saturday, November 28th
9:00 am – 4:00 pm

Register by November 20, 2015